

OBJECTIVES

For anti-tuberculosis medications:

- Describe clinical monitoring for adverse drug reactions
- Case Reviews
 - Nursing interventions and medical management
- Review specific drug side effects
- Review adverse drug reactions

CLINICAL MONITORING

- Initial assessment nurse/physician
 - Identify high risk individuals
 - Check baseline labs
- Staff and Patient education
 - Aware of adverse drug reactions
 - Instruct patient to report signs or symptoms
 - Rash
 - Decrease appetite, nausea, vomiting, abdominal nain
 - Fatigue or weakness
 - Dark urine
 - Persistent numbness in hands or feet

CLINICAL MONITORING

- Document, document!
- Encounters
- Monthly refill visits
 - Rationale for treatment
 - Adherence with therapy
 - Symptoms of adverse drug reaction
 - Commitment to continue therapy
 - Limited # doses of medication dispensed
- DOT visits
- Case management
 - Assessment/PLAN in place
 - Good communication with team: MD, RN, MA, DIS

MINOR SIDE EFFECTS

- Mild reactions
- No lasting effect
- Usually do not require change in TB meds
- Discoloration of body fluid
- Gas, bloating, mild nausea
- Itching, mild rash
- Photosensitivity
- Sleep disturbances
- Headache

SERIOUS DRUG COMPLICATIONS

- Serious
- May be life threatening
- Require change in medication
- May require hospitalization
- Significant nausea, vomiting, diarrhea
- Hepatotoxiciy
- Toxic skin / systemic reactions
- Hearing loss
- Kidney failure
- Vision loss
- Hematologic reactions
- Electrolyte abnormalities
- Neurologic damage
- Death

ANTIMYOBACTERIAL DRUGS First-Line Drugs Second-Line Drugs Isoniazid (INH) Streptomycin Rifampin (RIF) Cycloserine Pyrazinamide (PZA) p-Aminosalicylic acid Ethambutol (EMB) Ethionamide Amikacin or kanamycin* Capreomycin • Levofloxacin* • Moxifloxacin* • Linezolid* * Not approved FDA for TB Treatment

Drug	Adverse Reaction	Signs and Symptoms
Any drug	Allergy	Skin rash
Ethambutol	Eye damage	Blurred or changed vision Changed color vision
Isoniazid, Pyrazinamide, or Rifampin	Hepatitis	Abdominal pain Abnormal liver function test results Fatigue Lack of appetite Nausea Vomiting Yellowish skin or eyes Dark urine

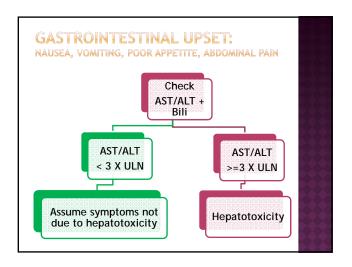
COMMON		EACTIONS TO DRUG	
Drug	Adverse Reaction	Signs and Symptoms	
Isoniazid	Peripheral neuropathy	Tingling sensation in hands and feet	
Pyrazinamide	Gastrointestinal intolerance	Upset stomach, vomiting, lack of appetite	00
	Arthralgia	Joint aches	00
	Arthritis	Gout (rare)	
Streptomycin	Ear damage	Balance problems	44
		Hearing loss	
		Ringing in the ears	00
	Kidney damage	Abnormal kidney function test results	00
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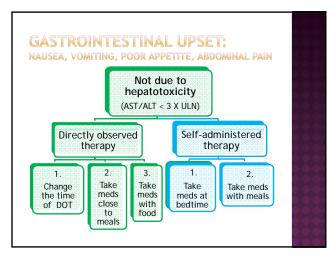
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Drug	Adverse Reaction	Signs and Symptoms	
Rifamycins	Thrombocytopenia	Easy bruising	
Rifabutin		Slow blood clotting	
Rifapentine Rifampin	Gastrointestinal intolerance	Upset stomach	
	Drug interactions	Interferes with certain medications, such as birth control pills, birth control implants, and methadone treatment	

CASE (1)

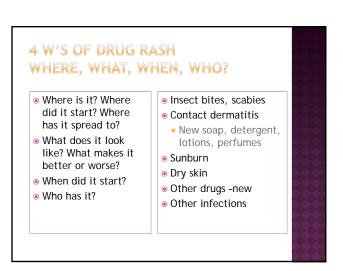
- 44 year-old male
- Diagnosed with active pulmonary TB disease
 - TST Positive
 - Abnormal CXR
 - Smear positive
 - NAA test positive for M.tb
 - Culture pending
- Started on 4 drug anti-TB medications
 - RIF, INH, PZA, and EMB
- Seen in clinic 2 weeks after starting meds with nausea

GASTROINTESTINAL UPSET: NAUSEA, VOMITING, POOR APPETITE, ABDOMINAL PAIN O GI reactions are common Especially in the first few weeks of therapy Many anti-TB meds cause GI upset Check AST and bilirubin

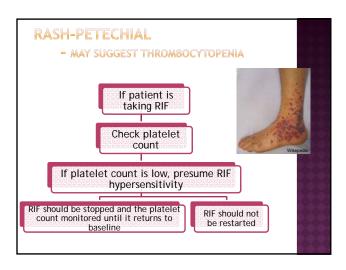














RASH - GENERALIZED ERYTHEMATOUS RASH (2) ® RIF should be restarted first • Least likely to cause rash • Most important agent ® Followed by INH ® Followed by EMB or PZA ® If the rash recurs→ stop last drug added ® If no rash appears after the first three drugs have been restarted→ continue first 3 drugs ® Can add fourth drug if... • If the rash was relatively mild and • If the fourth drug is considered essential therapy.

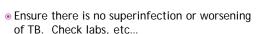
CASE (3)

- 29 year-old male
- Diagnosed with active pulmonary TB disease
 - Sputum AFB smear and culture positive
- Started on anti-TB medications
- Cough and fever resolved, sputum converted AFB smear negative, returned to work
- Seen in clinic 6 weeks after TB meds start →
- Complaints of fever: Comes and goes
- Physical Examination
 - Temp >40°C, BP 120/60, HR 100, RR 18
 - No acute distress, normal examination



- Recurrence of fever in a patient who has been receiving therapy for several weeks
 - Especially if the patient is showing microbiological and radiographic improvement
- Fever from TB may persist for as long as 2 months after therapy has been initiated
- Fever can be a paradoxical reaction
- Especially in patient with HIV infection
- Patient looks and feels well despite Temp >39°C
- No specific pattern to the fever
- Eosinophilia may or may not be present

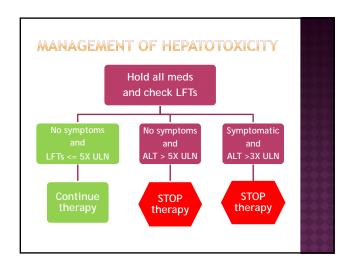
MANAGEMENT OF DRUG FEVER



- Once potential causes are excluded → Stop all drugs
- Drug-related fever usually resolve within 24
- Patients with severe TB should be given at least 3 new drugs (i.e., aminoglyocoside and two oral agents)
- Once the fever has resolved, medication can be restarted one by one, at intervals of 2 - 3 days
- If fever recurs, the last drug added should be stopped

CASE (4)

- 42 year-old female diagnosed with active TB disease
- Smear positive, PCR positive for M.tb
- Started on 4 drug therapy (RIF, INH, EMB, PZA)
- Baseline labs:
 - o AST-22, ALT-30, T. bili-0.2, Alk phos-45
- Seen in clinic after one month
- AFB smear negative, culture pending
- No complaints, feeling better
 - Repeat ALT 220, AST 98



INH HEPATOTOXICITY

- Asymptomatic ALT increase in
- -~20% of patient
- Clinical hepatitis 0.1-0.6%
- Timing: weeks to months of starting drug
- Risk factors:
 - Age
 - Chronic alcohol consumption
 - Active hepatitis B (+HBeAg)
 - Elevated baseline transaminases (AST, ALT)
 - Concomitant use of other hepatotoxic drugs
 - 3rd trimester pregnancy to 3 months post-partum
 - Pre-existing liver disease

IBCCM 2006: 174:025 052

MANAGEMENT OF HEPATOTOXICITY

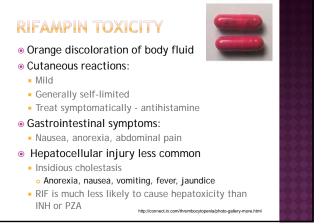
- ⊚ Serologic testing Hepatitis A, B, C
- $\ensuremath{\, \scriptstyle \odot \,}$ Ask patient symptoms of biliary tract disease
- Exposure to other hepatotoxins
 - Alcohol
 - Other drugs (RX and OTC)
- Hepatitis
 - No symptoms but LFT > 5X ULN or
 - Symptoms and LFT > 3 X ULN
- Start at least 3 nonhepatotoxic drugs
 - Slower schedule for restarting anti-TB medication compared to rash or drug fever
 - EMB, FQ, strep/amikacin, (capreomycin, cycloserine)
- Monitor Labs

MANAGEMENT OF HEPATOTOXICITY

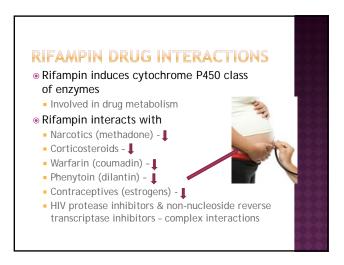
- When to restart therapy (RIF, INH, PZA)
- LFTs < 2 X ULN or baseline (abnormal prior to TB meds)
 - Re-challenge medications → One drug at a time
- Start with RIF
- Recheck AST after one week→ No increase
- Add INH
- Recheck AST after one week→ No increase
- Add PZA*
- If symptoms recur or AST increases→ stop last drug added
- *If RIF and INH are tolerated, and hepatitis was severe
 - Do not add back PZA assumed PZA was responsible
- Once added back RIF, INH, + PZA
- Continue EMB and stop other "liver friendly" drugs added







RIFAMPIN: HYPERSENSITIVITY REACTIONS Flu-like syndrome with fever, chills, headache, & bone pain Can begin 1-2 hrs after medication dose and resolve spontaneously after 6-8 hrs More common in intermittent dosing, higher dose Can try daily therapy if mild Severe immunologic reactions - rare, each < 0.1% patients Low platelet count / petechiae Kidney dysfunction Hemolytic anemia Thrombotic thrombocytopenic purpura



PYRAZINAMIDE

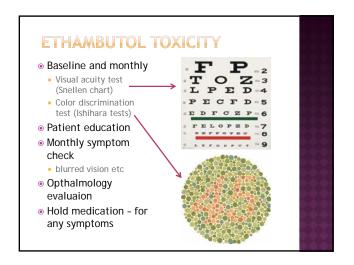
- Hepatotoxicity: Both dose-dependent & idiosyncratic
- Causes hepatotoxicity less often than INH <u>but</u>
 - Can be more prolonged
 - Can continue after drug discontinued
 - Can be most severe
- Can cause granulomatous hepatitis
 - Fever, rash, lymphadenopathy, elevated ALT

PYRAZINAMIDE TOXICITY

- Gastrointestinal symptoms: nausea, vomiting
- Arthralgias common Rx symptomatically
- ▶ Elevated uric acid
 - PZA is a pro-drug →active compound Pyrazinoic acid
 →Blocks renal tubular excretion of uric acid
 - →Increase uric acid
 - Allopurinol does not reverse this
 - Routine measurement of uric acid is not recommended
 - Gout is rare
 - Hyperuricemia without gout is not a reason for discontinuing drug

ETHAMBUTOL TOXICITY

- Retrobulbar neuritis: decrease visual acuity or red-green color discrimination
- Increase risk with renal insufficiency
- Peripheral neuritis
- Cutaneous reactions: <1%</p>
- Joint pain



QUINOLONES

- Arthralgias, tendonitis, tendon rupture very rare
 - All ages
 - Greater risk age >60
 - Patients taking corticosteroids
 - Transplant patients
- EKG abnormalities: QT prolongation
- Nausea & diarrhea: 0.5-2%
- Rash/Pruritis/Photosensitivity: 0.2-0.4%
- Avoid in pregnancy

STREP/AMIKACIN/CAPREOMYCIN

- Ototoxicity
- Vestibular toxicity
- Nephrotoxicity
- Electrolyte disturbances
 - Potassium, calcium, and magnesium depletion
 - Cardiac dysrhythmias
- Local pain at IM injection site
- Avoid in pregnancy

WHAT IS YOUR DIFFERENTIAL DX? ADVERSE DRUG REACTIONS

DERMATOLOGIC REACTIONS

- Itching with or without erythematous rash is common early side effect
 - May resolve after 1st several weeks of therapy without stopping medications
 - For mild or localized reaction, continue treatment & treat the rash and pruritis symptomatically - antihistamines, topical steroids
- Photosensitivity
 - PZA, fluoroquinolones



http://emedicine.medscape.com/article/1049648-overview

DERMATOLOGIC REACTIONS

- Hives, urticaria, erythematous rash
- Any drug
- Stop all drugs immediately, rechallenge 1 at a time
- Wait for rash to resolve
- Start RIF 1st (least likely to be cause)
- o If no recurrence after 2-3 days start INH
- o Continue with EMB or PZA
- o Discontinue any drug which causes recurrence
- Angioedema, anaphylaxis, or airway compromise
 - Stop drug consider desensitization in ICU



OTHER SERIOUS DERMATOLOGIC REACTIONS

- Spectrum of diseases generalized, involve mucus membranes, cause fever
 - epidermis separates from dermis
 - Stevens-Johnson Syndrome
 - Toxic Epidermal Necrolysis (severe form SJS)
- Mortality high
- Quinolones
- Emergency, hospitalization
- Stop offending drug, do not use again





GI UPSET

- Improves if drugs are administered with food or closer to bedtime
- Ethionamide
 - Causes profound GI symptoms
 - Metallic taste, nausea, vomiting that can be severe, loss of appetite, abdominal pain
 - Dose-related
 - May give as split dose
- P-Aminosalicylic Acid (PAS)
 - Significant GI intolerance, less with granular formulation
- Dose-related
- INH
 - Commercial liquid preparations contain sorbitol which can cause diarrhea

NEUROTOXICITY: PERIPHERAL NEUROPATHY

- Numbness, tingling hands & feet in stockingglove pattern
- Risk factors: diabetes, alcoholism, HIV, hypothyroidism, pregnancy, poor nutrition, inadequate dietary intake of pyridoxine
- Pyridoxine supplements
 - 10-50 mg daily (should this be routine?) for INH
 - 100-200 for cycloserine &/or ethionamide

PERIPHERAL NEUROPATHY

- INH
 - Dose-related
 - Interferes with biologic function of vitamin B6
- Ethionamide
- Increased incidence with prolonged use
- Linezolid
- Increased incidence with prolonged use
- 600 mg daily instead of twice daily is used to prevent this
- Ethambutol, cycloserine
 - Rare

CNS EFFECTS

- INH
- Inability to concentrate, irritability, dysarthria, seizures, dysphoria
- Cycloserine (Dr K's mnemonic cyclo, psycho)
 - Headache, restlessness, psychosis, seizures (doserelated)
 - Pyridoxine 100-200 mg daily to prevent / treat
- Ethionamide
 - Anxiety, depression, psychosis
 - Increased incidence with prolonged treatment
- Fluoroquinolones
 - Dizziness, insomnia, tremulousness, headache

VISION - E - E EYE

- Ethambutol
 - Retrobulbar neuritis
 - Dose related very rare (if at all) with currently recommended doses
 - Decreased red-green color discrimination (1 or both eyes), decreased visual acuity
 - With renal disease
- Ethionamide
 - Optic neuritis
 - Dose related

OTOTOXICITY: 8TH CRANIAL NERVE DAMAGE • Streptomycin • Vestibular (balance) and hearing disturbance • Related to single dose size and cumulative dose (>100-200 g) • Increased with incidence if diuretics are used • Monitor with audiogram, Romberg • Hearing loss can be permanent - consider stopping • Amikacin & Kanamycin • Less vestibular toxicity than SM • Capreomycin These drugs also cause nephrotoxicity & require monitoring

OTOTOXICITY: AMINOGLYCOSIDES

- Injectable agents 15mg/kg daily or 25 mg/kg TIW
- Ototoxicity often permanent
- *Hearing loss ≥ 20 db occurred in 32/87 (37%) patients, 88% had persistent loss at end of follow-up
- Associated with older age, duration of treatment, & total dose, not to vestibular or renal toxicity
- o Amikacin>Kanamycin >Streptomycin
- o TIW = daily Rx

*Peloquin, et al. Aminoglycoside toxicity...Clin Inf Dis 2004;38:1538-44



CASE (5)

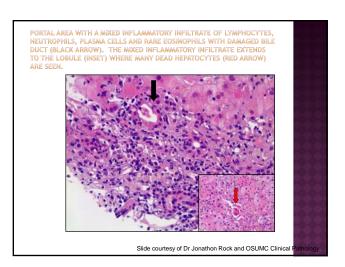
- 44 year old female diagnosed with latent TB infection
- 8/3 seen by physician and nurse
 - Started INH
 - Baseline labs:
 - o AST-19, ALT-19, T. bili-0.3, Alk phos-68
- ⊚ 9/1 Nurse Refill Visit #2
 - Repeat AST on 09/01 was 27
- 10/6 Nurse Refill Visit #3
- 11/10 Nurse Refill Visit #4

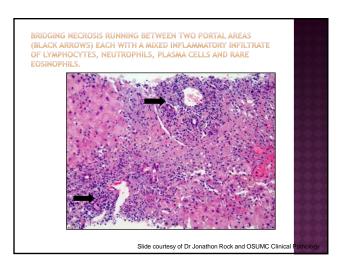
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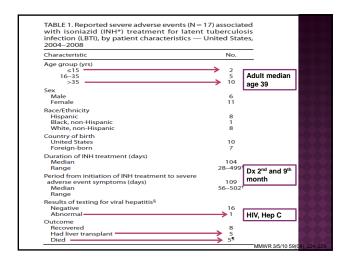
- No signs or symptoms of any hepatic problems reported at any health dept visits
- o 2 weeks prior to admission ER visit cough
 - CXR negative
 - Tessalon® perles and hydrocodone cough syrup
- Increasing fatigue, weakness, diarrhea, yellowing of eyes
- Return to hospital
 - AST-3627→1410
 - ALT 2159→1621
 - Alk phos 190→179
 - Total Bili 25→27.5 (Direct 13→16.6)

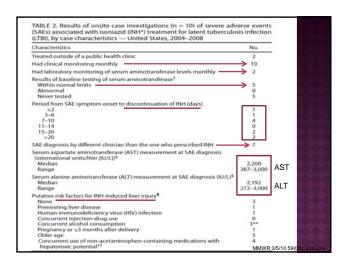


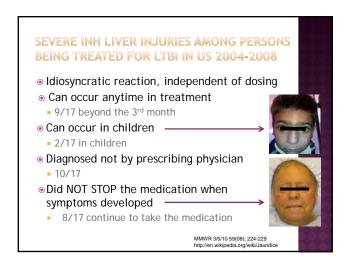
- RUQ ultrasound: no intrahepatic ductal dilation, + cholelithiasis, no cholecystitis, no liver abnormalities
- Abdominal MRI: no biliary ductal dilation, no gallstones, no liver lesions
- Liver biopsy: patchy hepatocellular necrosis with acute and chronic inflammation. mild portal fibrosis, no granuloma/viral inclusions
- Diagnosis: Acute Hepatitis- secondary to INH toxicity



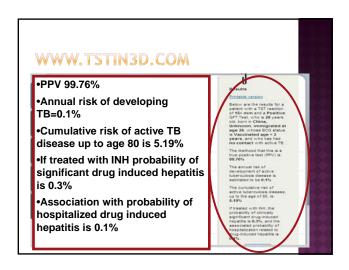


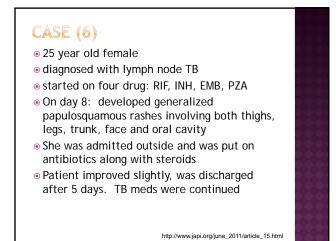




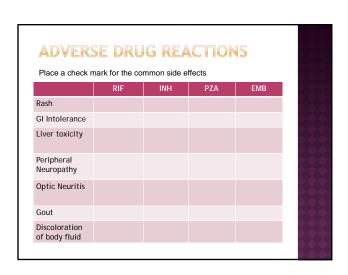












	RIF	INH	PZA	EMB
Rash	Χ	Χ	Χ	Χ
GI Intolerance	Χ	Χ	Χ	Χ
Liver toxicity	Χ	Х	Χ	
Peripheral Neuropathy		Х		
Optic Neuritis		X (rare)		Χ
Gout			Χ	X (rare)
Discoloration of body fluid	Χ		Х	X (rare

ETHIONAMIDE

- Gastrointestinal Effects severe
- May improve with food or at bedtime
- Hepatotoxicity: 2%
- Neurotoxicity: peripheral neuropathy, optic neuritis, depression, psychosis
- Endocrine disturbances
 - Gynecomastia, hair loss, hypothroidism, impotence
 - Diabetes may be more difficult to manage
 - Acne
 - Irregular menstrual cycles

LINEZOLID

- Nausea & diarrhea
- Myelosuppression
 - Dose dependent
 - Reversable
- Peripheral neuropathy
 - Not dose dependent
 - May not be reversible
- Optic neuritis
- Serotonin syndrome
- Rash

PARA-AMINOSALICYLATE (PAS)

- Gatrointestinal distress: 11%,
 √dose/stop med
- Hypothyroidism is common
 - Reversible, ↑with ethionamide
 - Goiter can develop
- Hepatitis: 0.3%
- Malabsorption fat malabsorption
 - Doubling of prothrombin time
 - o Vitamin K is a fat soluble vitamin
 - Levels of fat soluble vitamins (A, D, E) can be measured & monitored
- Rash, lymphadenopathy, leukocytosis, arthralgia

CYCLOSERINE

- Central nervous system effects: headaches, restlessness, suicidal ideation, psychosis, seizures (3% 500mg/day)
- Caution in patients with underlying seizure disorders or mental illness
- Pyridoxine 100-200mg/day may decrease neurotoxic side effect
- Peripheral neuropathy
- Rash skin changes (lichenoid eruptions, Stevens-Johnson Syndrome)