



Name of Trainee: \_\_\_\_\_

Date: \_\_\_\_\_

Name of Instructor: \_\_\_\_\_

The trainee will demonstrate the following skills involved in correctly reading and measuring a Mantoux tuberculin skin test:

**Checklist**

1. Has the necessary supplies on hand \_\_\_\_\_
2. Correctly identifies the patient and introduces him/herself \_\_\_\_\_
3. Explains the procedure to the patient \_\_\_\_\_
4. Washes his/her hands \_\_\_\_\_
5. Inspects the patient's arm in good light and on a firm surface \_\_\_\_\_
6. Locates the site of injection with the patient's forearm supported and slightly flexed at the elbow \_\_\_\_\_
7. Has fingernails shorter than fingertips \_\_\_\_\_
8. Touches the area lightly with pads of fingertips \_\_\_\_\_
9. Lightly sweeps fingertips in 2-in diameters from injection site in all 4 directions to locate edges of induration \_\_\_\_\_
10. Uses a zig-zag, feather-like touch to palpate for induration margins \_\_\_\_\_
11. Repeats the palpation with the patient's arm raised at a 45-degree angle \_\_\_\_\_
12. Holds his/her palm over the injection site with fingertips at the outer edge of the patient's forearm \_\_\_\_\_
13. Moves fingertips towards the injection site without lifting \_\_\_\_\_
14. Locates the induration with fingertip resting firmly against the induration margin \_\_\_\_\_
15. Uses a ball point pen to lightly mark the widest edge of the induration with a fine dot \_\_\_\_\_
16. Locates the induration margin on the other side of the patient's forearm and places the second mark on the margin of induration \_\_\_\_\_
17. Palpates again, repeating finger movements toward the injection site, and adjusts the dots if necessary \_\_\_\_\_

**Checklist**

- 18. Uses a millimeter ruler to measure the diameter of induration perpendicular to the long axis of the forearm \_\_\_\_\_
- 19. Measures only the induration, not erythema \_\_\_\_\_
- 20. Places the zero ruler line inside the left dot edge \_\_\_\_\_
- 21. Reads the ruler line inside the right dot edge \_\_\_\_\_
- 22. Correctly records the exact measurement in millimeters of induration on the Mantoux Tuberculin Skin Test Record Form \_\_\_\_\_
- 23. Records the date and time the test was read, the name and signature of person who read the test, and the presence or absence of adverse reactions (i.e., blistering, redness, swelling) \_\_\_\_\_
- 24. Explains the significance of a positive or negative skin test result to the patient \_\_\_\_\_
- 25. Answers the patient's questions \_\_\_\_\_
- 26. Directs the patient for follow-up, if necessary \_\_\_\_\_
- 27. Provides documentation, copy of Mantoux Tuberculin Skin Test Record Form, to patient and explains importance of retaining this information \_\_\_\_\_
- 28. Provides culturally and linguistically appropriate educational materials to patient \_\_\_\_\_

Comments: \_\_\_\_\_  
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