

# **MEDICAL UPDATE: THE INTERSECTION BETWEEN TUBERCULOSIS & MENTAL HEALTH**

## **FACULTY**

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Physicians and Surgeons  
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## **PLANNING COMMITTEE**

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**MARCH 16, 2015  
1:00 PM - 2:30 PM EASTERN**

**A National Web-Based Seminar**

**Sponsored By  
Global Tuberculosis Institute at Rutgers, The State  
University of New Jersey**

*This activity is supported by an educational grant from the Centers for Disease Control and Prevention, Division of Tuberculosis Elimination*

The Global Tuberculosis Institute is the tuberculosis Regional Training and Medical Consultation Center for the northeast United States

## **DESCRIPTION & OVERALL GOAL**

This webinar will explore the relationship between TB and mental health, including an overview of the epidemiology, current areas of research, relevant medical and psychosocial dimensions, and approaches for clinical and TB control practice. Case examples will highlight challenges in managing TB patients with mental health issues, with a focus on recognizing and screening for mental illness and patient-centered interventions.

## **WHO SHOULD ATTEND**

This webinar is designed for physicians, nurses and other healthcare providers who are involved in the diagnosis and management of TB patients.

## **WHY SEMINAR IS NEEDED**

Tuberculosis and mental illness share common risk factors including homelessness, HIV infection and substance abuse. A diagnosis of tuberculosis often has an impact on the physical, social and mental wellbeing of patients. Patient-centered interventions that emphasize the needs of individual patients and tailored support systems can help to ensure positive treatment outcomes for TB patients. Education of providers to help recognize mental illness, training in effective strategies, and awareness of available services can improve the quality of care for TB patients.

## **OBJECTIVES**

Upon completion of this webinar, participants should be better able to:

- Understand the complex relationship between TB and mental health
- Assess the mental health status of TB patients in order to determine appropriate interventions
- Develop strategies to manage psychiatric complications in TB patients in order to improve overall treatment outcomes

## COURSE REQUIREMENTS

**Internet browser:** Access to high speed internet using

- Microsoft Internet Explorer 6.x or later
- Mozilla 1.2 or later

**Sound:**

- Multimedia computer speakers or headphones (preferred)
- OR
- Telephone/speaker phone

## AGENDA

1:00 pm	Introduction and housekeeping details
1:05 pm	Overview of TB & Mental Health
1:45 pm	Case Discussions
2:15 pm	Questions and Discussion
2:25 pm	Wrap-up
2:30 pm	Adjourn

## REGISTRATION INFORMATION & FEE

**Registration will close on March 9<sup>th</sup> or when all slots have been filled.**

Click [here](#) to register or go to: <http://tbandmentalhealthweb.eventbrite.com>

There is limited space for the webinar and acceptance will be on a first-come, first-serve basis. Participants at the same location are encouraged to view the webinar as a group. Each site must identify a contact person to register, receive webinar information, submit a sign-in sheet, and share the link to the online evaluation.

Notification of acceptance and additional information will be sent via email.

This activity is free of charge. However, if you register and are unable to participate, we would appreciate you informing us so that others may be accommodated.

*Note: If you work outside of the United States and its territories you will be unable to access this live webinar. However, you may view it as an archive after the event at: <http://globaltb.njms.rutgers.edu/educationalmaterials/audioarchives.html>*

## CANCELLATION INFORMATION

We reserve the right to modify the activity content, faculty and activities, and to cancel this activity, if necessary.

**For additional program information, please contact Anita Khilall at (973) 972-9102 or send an email to [anita.khilall@rutgers.edu](mailto:anita.khilall@rutgers.edu).**